



Tim's Day Gear Checklist 2020

The following checklist is a list of equipment that I currently carry on my day hikes. Each trip is unique, and I will 'swap out' certain pieces depending on the expected conditions. Use this list as a guide to build your own day hiking kit but make sure that what you choose suits you.

(Version 1.0 – 1 March 2020)

On Every Hike		As the Conditions dictate (Swap Outs)	
<input type="checkbox"/>	Osprey Talon 33litre Pack	<input type="checkbox"/>	Garmin inReach Explorer + (PLB) X 1
<input type="checkbox"/>	Osprey Hydraulics 3L Water Bladder X 1	<input type="checkbox"/>	Buff Merino Wool X 1
<input type="checkbox"/>	Altra Olympus 3.5 Trail Hiking Shoes X 1	<input type="checkbox"/>	Sea to Summit Head Net X 1
<input type="checkbox"/>	Wilderness Wear Merino Multi Sport 3.0 Sock X 1 pair	<input type="checkbox"/>	Lip Balm X 1
<input type="checkbox"/>	Altra Trail Gaiters X 1 pair	<input type="checkbox"/>	Sea to Summit Quagmire Gaiters X 1
<input type="checkbox"/>	Khul Radikl Mens Pants X 1	<input type="checkbox"/>	Sunday Afternoons Ultra Adventure Hat X 1
<input type="checkbox"/>	Wilderness Wear Cumulo Merino Long Sleeve Tee Top X 1	<input type="checkbox"/>	Eddy + Water Bottle X 1
<input type="checkbox"/>	Buff Original X1	<input type="checkbox"/>	Katadyn BeFree Water Filter X 1
<input type="checkbox"/>	Sunday Afternoons Sun Guide Cap X 1	<input type="checkbox"/>	GSI Essential Long Handled Spoon X 1
<input type="checkbox"/>	Foldback Clip 19mm X1	<input type="checkbox"/>	Wilderness Wear MerinoFusion Long Sleeve Zip Neck Top X 1
<input type="checkbox"/>	Suunto A-30 Compass X 1	<input type="checkbox"/>	North Face Men's ThermoBall Hoodie X 1
<input type="checkbox"/>		<input type="checkbox"/>	Marmot PreCip Nano Jacket X 1
<input type="checkbox"/>		<input type="checkbox"/>	Rainbird STOWaway Rain Pants X 1
	Misc. Equipment	<input type="checkbox"/>	Sea to Summit UltraSil Pack Cover Medium 30-50litre X 1
<input type="checkbox"/>	Maui Jim Sand Sunglasses X 1		Icebreaker Unisex Quantum Gloves X 1
<input type="checkbox"/>	Black Diamond Distance Carbon Z Trekking Poles 130cm X 1 pair	<input type="checkbox"/>	Sony Rx100 Compact Camera X 1
<input type="checkbox"/>	Deejo Tattoo Naked Topography Knife X1	<input type="checkbox"/>	SanDisk Extreme Pro Memory Cards X 1
<input type="checkbox"/>	SOOLALA Lightweight Compact Reading Glasses X 1 pair	<input type="checkbox"/>	
<input type="checkbox"/>	iPhone 8 X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Mophie battery case for iPhone X 1	<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>	
	First Aid and Toiletries	<input type="checkbox"/>	
<input type="checkbox"/>	Exped Zip Pack Small X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Hand Sanitiser X 60 ml	<input type="checkbox"/>	
<input type="checkbox"/>	GSI Cathole Trowel X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Toilet Paper X 10 sheets per day	<input type="checkbox"/>	
<input type="checkbox"/>	Splinter Pick X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Tweezers X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Compression bandage X 2	<input type="checkbox"/>	
<input type="checkbox"/>	Triangular Bandage X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Crepe bandage X 1	<input type="checkbox"/>	
<input type="checkbox"/>	Safety Pins X 5	<input type="checkbox"/>	
<input type="checkbox"/>	Nurofen X 6	<input type="checkbox"/>	
<input type="checkbox"/>	Band-Aids – Misc. X 15	<input type="checkbox"/>	
<input type="checkbox"/>		<input type="checkbox"/>	