

Tim's Multiday Gear Checklist (2018)

The following gear checklist is a list of what I currently carry on solo, multiday hiking trips ranging from two or more nights up to and including my five week long, 1000km Bibbulmun Track adventure. My equipment is chosen mainly on the following criteria:

- Choosing the lightest most compact gear where possible
- Choosing equipment that is comfortable
- Choosing equipment that meets my needs

Each trip is unique and so I will 'swap out' certain pieces of equipment depending on the expected conditions. Use this list as a guide to build your own multiday kit but make sure what you choose suits you.

Pack System		Layering system		Toiletries	
<input type="checkbox"/>	Backpack – Osprey Exos 48 x 1	<input type="checkbox"/>	Ex Officio 6" Boxer briefs X 2	<input type="checkbox"/>	Toothbrush x 1
<input type="checkbox"/>	Sea to Summit UltraSil Pack Cover Medium 50-70L x 1	<input type="checkbox"/>	Prana Zion Convertible Pants x 1	<input type="checkbox"/>	Lush Toothy Tabs x 2 per day
<input type="checkbox"/>	Sea to Summit Medium 90L Pack Liner x 1	<input type="checkbox"/>	Icebreaker Anatomic Leggings x 1	<input type="checkbox"/>	Dental Floss
<input type="checkbox"/>	Sea to Summit 13L Dry Bag x 1	<input type="checkbox"/>	Wilderness Wear Cumulo Merino Long sleeve top x 1	<input type="checkbox"/>	GSI Cathole Trowel x 1
Shelter		<input type="checkbox"/>	Wilderness Wear Merino Fusion 190 Long sleeve Zip Neck Top x 1	<input type="checkbox"/>	Toilet Paper
<input type="checkbox"/>	Nemo Hornet 2pTent x 1	<input type="checkbox"/>	Icebreaker Oasis Long Sleeve Crew x 1	<input type="checkbox"/>	Hand Sanitiser 60ml x 1
<input type="checkbox"/>	MSR Carbon Core Stakes x 4	<input type="checkbox"/>	North Face Thermoball Hoodie Jacket x 1	<input type="checkbox"/>	Escape Microfibre Towel x 1
<input type="checkbox"/>		<input type="checkbox"/>	Marmot PreCip Jacket x 1	<input type="checkbox"/>	Nail Clippers x 1
Hydration System		<input type="checkbox"/>	Rainbird Waterproof Pants	<input type="checkbox"/>	Exped Zip Pack Small x 1
<input type="checkbox"/>	Osprey Hydraulics 3L Bladder x 1	<input type="checkbox"/>	Buff Original x 1	<input type="checkbox"/>	Washing Kit Tea Tree Oil 15ml x 1
<input type="checkbox"/>	Katadyn BeFree Filter x 1	<input type="checkbox"/>	Outdoor Research Radar Sunrunner cap x 1	<input type="checkbox"/>	Washing Kit Chux Small Piece x 1
<input type="checkbox"/>		<input type="checkbox"/>	Icebreaker Unisex Quantum Gloves x 1	<input type="checkbox"/>	
Sleep System		<input type="checkbox"/>	Exped Zip Pack Large x 1	<input type="checkbox"/>	
<input type="checkbox"/>	Sea to Summit Micro 2 sleeping bag x 1	<input type="checkbox"/>		First Aid	
<input type="checkbox"/>	Sea to Summit Silk Liner x 1	Safety		<input type="checkbox"/>	Tweezers x 1
<input type="checkbox"/>	Pillow – Clothing Pack	<input type="checkbox"/>	Garmin InReach Explorer+ x 1	<input type="checkbox"/>	Splinter Pick x 1
<input type="checkbox"/>	Thermarest NeoAir XLite (L) x 1	<input type="checkbox"/>	Suunto A-30 Compass x 1	<input type="checkbox"/>	Compression Bandage x 1
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Triangular Bandage x 1
Camp Kitchen		Miscellaneous Equipment		<input type="checkbox"/>	Safety Pins x 5
<input type="checkbox"/>	Jetboil Zip Stove x 1	<input type="checkbox"/>	Mako Blade Sunglasses x 1 pair	<input type="checkbox"/>	Neurofen x 6
<input type="checkbox"/>	Jetboil 100g Gas Cannister x 1 per 12 days	<input type="checkbox"/>	Black Diamond Distance Carbon Z Trekking Poles 130cm x 1 pair	<input type="checkbox"/>	'Go' – Laxatives x 6
<input type="checkbox"/>	Sea to Summit Alpha Light Spoon x 1	<input type="checkbox"/>	Black Diamond Revolt Headlamp x 1	<input type="checkbox"/>	'Stop' x 6
<input type="checkbox"/>	Sea to Summit X-Mug x 1	<input type="checkbox"/>	Reading Glasses x 1 pair	<input type="checkbox"/>	Fixomull 5cm x 10m
<input type="checkbox"/>	Deejo Tattoo Naked Topography Knife x 1	<input type="checkbox"/>	Charging cables x 2	<input type="checkbox"/>	Strapping Tape 38mm x 13m
<input type="checkbox"/>	Bic disposable lighter x 1	<input type="checkbox"/>	Cygnett Dual USB Wall Charger x 1	<input type="checkbox"/>	Strapping Tape 25mm x 5m
<input type="checkbox"/>	500g Peanut Butter Jar (empty) x 1	<input type="checkbox"/>	Cygnett 10,000mAh USB-C Power Bank x 1	<input type="checkbox"/>	BandAids – assorted x 15
<input type="checkbox"/>		<input type="checkbox"/>	Scrubba Weightless Wallet x 1	<input type="checkbox"/>	Crepe Bandage x 1
Footwear		<input type="checkbox"/>	Exped Zip pack XS x 1	<input type="checkbox"/>	Exped Zip Pack Small x 1
<input type="checkbox"/>	Merrell Moab FST Shoes x 1	<input type="checkbox"/>	iPhone 8 x 1	Swap Outs	
<input type="checkbox"/>	Darn Tough Light Micro Crew Socks x 3	<input type="checkbox"/>	Mohpie battery case for iPhone x 1	<input type="checkbox"/>	MSR Blizzard Sand Pegs x 2
<input type="checkbox"/>	Altra Trail Gaiters x 1 pair	<input type="checkbox"/>	Olympus Darn Tough TG5 Camera x 1	<input type="checkbox"/>	Buff Merino Wool x 1
<input type="checkbox"/>	Superfeet Blue inserts (350km per pair)	<input type="checkbox"/>	SD Memory Cards X 4	<input type="checkbox"/>	Sea to Summit Head Net x 1
<input type="checkbox"/>		<input type="checkbox"/>	Foldback Clip (19mm) x 1	<input type="checkbox"/>	Lip Balm x 1
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Sea to Summit Quagmire Gaiters x 1
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Scrubba Airlsleeve x 1
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Osprey Ultralight Stuff Pack x 1
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Big Agnes Copper spur UL 2
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	Jetboil Minimo
<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	